



Ingredients:

2-3 ripe bananas, mashed (about 11/4 to 11/2 cups)
1/3 cup (76g) unsalted butter, melted
1/2 teaspoon baking soda
Pinch of salt
3/4 cup (150g) sugar
1 large egg, beaten
1 teaspoon vanilla extract
11/2 cups (205g) all-purpose flour

Instructions:

- 1. Preheat oven to 350°F (175°C). Butter a 8x4-inch loaf pan.
- 2. In a large bowl, mash the bananas until smooth. Stir in the melted butter.
- 3. Add the baking soda, salt, sugar, beaten egg, and vanilla extract. Mix well.
- 4. Gradually add the flour, mixing until just combined. Do not overmix.
- 5. Pour the batter into the prepared loaf pan.
- 6. Bake for 55-65 minutes at 350°F (175°C), or until a toothpick or wooden skewer inserted into the center comes out clean. A few dry crumbs are okay; streaks of wet batter are not.
- 7. Let the bread cool in the pan for 10 minutes, then turn out onto a wire rack to cool completely.

Tips:

- For extra moist bread, use brown sugar instead of granulated sugar.
- Add in some chopped nuts, chocolate chips, or dried fruit for extra flavor and texture.
- If your bananas are not very ripe, you can brown them in a pan over medium heat for a few minutes before mashing them.
- This recipe can also be made into muffins. Simply bake for 20-25 minutes at 350°F (175°C).











